



Knoxville Groups
All Groups in Person
Masks and Social Distancing Required

Current as of 08/16/2021

Day	Time	Group	Counselor
Monday	11:00-12:00pm	Seeking Safety Resuming September 13, 2021	Michelle
Monday	4:00 - 5:00 PM	Sage (Closed)	Shannon
Tuesday	9:00 -10:00am	Relapse Prevention, plus Formal	Phil
Tuesday	10:00 - 11:00am	Early Recovery Skills	Phil
Tuesday	5:30-6:30pm	Living in Balance 2, 1	Shannon
Tuesday	6:30-7:30pm	Addiction 101	Shannon
Thursday	9:00-10:00am	Living in Balance 1, 2	Shannon
Thursday	10:00-11:00am	Health and Wellness	Shannon
Thursday	5:30-6:30pm	Healthy Thought Process (TCU)	Phil
Thursday	6:30-7:30pm	Relapse Prevention, plus Formal	Phil

